

**North Carolina Essential Standards
Seventh Grade Dance**

Note on Numbering/Strands:

CP-Creation and Performance, **DM**- Dance Movement Skills, **R**-Responding, **C**-Connecting

Creation and Performance (CP)

	Essential Standard	Clarifying Objectives	
7.CP.1	Use choreographic principles, structures, and processes to create dances that communicate ideas, experiences, feelings, and images.	7.CP.1.1	Explain a variety of approaches to choreography.
		7.CP.1.2	Create dances that use simple choreographic forms and structures (musical, literary, or visual), fulfill choreographic intent, and meet aesthetic criteria.
		7.CP.1.3	Select movement phrases to create dance sequences that communicate ideas, experiences, feelings, images, or stories.
		7.CP.1.4	Generate solutions to technical or structural movement problems in the creative process.
7.CP.2	Understand how to use performance values (kinesthetic awareness, concentration, focus, and etiquette) to enhance dance performance.	7.CP.2.1	Use safe and respectful behaviors as a dance class participant.
		7.CP.2.2	Use clarity, concentration, and focus while dancing.
		7.CP.2.3	Use self-assessment, teacher feedback, and peer feedback to refine dance performance quality.

Dance Movement Skills

	Essential Standard	Clarifying Objectives	
7.DM.1	Understand how to use movement skills in dance.	7.DM.1.1	Understand how dance technique uses anatomical concepts of alignment, strength, and range of motion.
		7.DM.1.2	Apply the effort qualities of time, space, weight, and flow in dance.
		7.DM.1.3	Apply technical skills from a variety of dance traditions.
		7.DM.1.4	Use breath to facilitate movement in dancing.

Responding

	Essential Standard	Clarifying Objectives	
7.R.1	Use a variety of thinking skills to analyze and evaluate dance.	7.R.1.1	Use dance vocabulary to describe how elements of movement are used to communicate ideas in dance.
		7.R.1.2	Understand how personal experiences and perspectives influence interpretations of dance.

Connecting

	Essential Standard	Clarifying Objectives	
7.C.1	Understand cultural, historical, and interdisciplinary connections with dance.	7.C.1.1	Understand dance in relationship to the geography, history, and culture of modern societies from the emergence of the First Global Age (1450) to the present.
		7.C.1.2	Exemplify connections between dance and concepts in other curricular areas.
		7.C.1.3	Explain how to promote health, physical safety, and reduced risk of injury through dance.
		7.C.1.4	Identify dance and dance-related careers.