



## North Carolina Essential Standards Beginning Dance

Note on Numbering:

**B**-Beginning High School Standards

Note on Strands:

**CP**- Creation and Performance, **DM**- Dance Movement Skills, **R**-Responding, **C**-Connecting

Note: Students at the high school level will have the option of studying an individual arts discipline as an area of interest, or specializing or completing a concentration in studies to prepare them for further education and/or a career in the arts. The Essential Standards communicate what students should know and be able to do as a result of instruction at each proficiency level: beginning, intermediate, proficient, and advanced (9-12).

**Beginning High School Dance** standards are designed for students with no or limited K-8 progression in dance education.

### Creation and Performance (CP)

	Essential Standard	Clarifying Objectives	
<b>B.CP.1</b>	<b>Use choreographic principles, structures, and processes to create dances that communicate ideas, experiences, feelings, and images.</b>	B.CP.1.1	Generate abstracted movement to communicate ideas, experiences, feelings, or images.
		B.CP.1.2	Create dance sequences that vary the use of dance elements, use simple choreographic structures, and use choreographic principles to fulfill choreographic intent.
		B.CP.1.3	Understand the role of improvisation in creating dance choreography.
		B.CP.1.4	Use collaborative and cooperative skills to contribute constructively to the creation of dance.
<b>B.CP.2</b>	<b>Understand how to use performance values (kinesthetic awareness, concentration, focus, and etiquette) to enhance dance performance.</b>	B.CP.2.1	Use appropriate behaviors and etiquette while observing, creating, and performing dance.
		B.CP.2.2	Understand the impact of performance values of clarity, concentration, focus, and projection on dance performance.
		B.CP.2.3	Understand how self-assessment, teacher, and peer feedback can be used to refine dance performance.

### Dance Movement Skills

	Essential Standard	Clarifying Objectives	
<b>B.DM.1</b>	<b>Understand how to use movement skills in dance.</b>	B.DM.1.1	Use whole body movements, strength, flexibility, endurance, and proper alignment to develop dance technique.
		B.DM.1.2	Use time, space, weight, and flow in performing dance.
		B.DM.1.3	Execute technical skills from a variety of dance forms.
		B.DM.1.4	Use breath to facilitate dance movement.

### Responding

	Essential Standard	Clarifying Objectives	
<b>B.R.1</b>	<b>Use a variety of thinking skills to analyze and evaluate dance.</b>	B.R.1.1	Explain how elements of movement and choreographic structures are used to communicate ideas in dance.
		B.R.1.2	Recognize the use of dance elements and choreographic forms and structures in a variety of significant, modern dance works from the 20th century to the present.

### Connecting

	Essential Standard	Clarifying Objectives	
<b>B.C.1</b>	<b>Understand cultural, historical, and interdisciplinary connections with dance.</b>	B.C.1.1	Use dance to explore concepts in world history and relate them to significant events, ideas, and movements from a global context.
		B.C.1.2	Identify how other arts disciplines are integrated into dance creation and performance.
		B.C.1.3	Explain how health and nutrition enhance dance ability.
		B.C.1.4	Identify various dance-related professions.